

## 44. Schortenser Straßenlauf Ergebnisliste 5 Km - Lauf

| Platz | M/W | Name, Vormame          | JG | Verein                    | Klasse | KP | Zeit  |
|-------|-----|------------------------|----|---------------------------|--------|----|-------|
| 1     | 1   | Friedrich, Daniel      | 08 | SV Nordenham              | MJ     | 1  | 17:22 |
| 2     | 2   | Klusmann, Jonas        | 98 | Laufgruppe Atemnot        | MHK    | 1  | 17:25 |
| 3     | 3   | Wolf, Fynn-Luca        | 01 | Jade HS - Wirtschaft ...  | MHK    | 2  | 17:40 |
| 4     | 4   | Hinrichs, Torben       | 99 |                           | MHK    | 3  | 18:14 |
| 5     | 5   | Schwengels, Stefan     | 69 | TuS Westerloy             | M55    | 1  | 18:39 |
| 6     | 6   | Schwengels, Lucas      | 96 | BV Garrel                 | MHK    | 4  | 18:41 |
| 7     | 7   | Tattje, Matthias       | 89 | TUS Weene                 | M35    | 1  | 18:49 |
| 8     | 8   | Tsakonas, Nelio        | 10 | 1. TCO die Bären          | MKU16  | 1  | 19:18 |
| 9     | 9   | Gerhard, Stoelken      | 75 | Lauftreff Hollsand        | M45    | 1  | 19:25 |
| 10    | 10  | Reil, Christopher      | 89 | Wolfsrudel                | M35    | 2  | 19:45 |
| 11    | 11  | Fürstenwerth, Joris    | 06 | TSR Olympia Wilhelmshaven | MJ     | 2  | 20:22 |
| 12    | 12  | Schäfer, Nico          | 86 | SV Nordenham              | M35    | 3  | 20:34 |
| 13    | 13  | Friedrich, Carsten     | 68 | SV Nordenham              | M55    | 2  | 20:40 |
| 14    | 14  | Muschalik, Rainer      | 72 | Sillenstede               | M50    | 1  | 21:49 |
| 15    | 15  | Rusniok, Lukas         | 13 | Wiefelstede               | MKU12  | 1  | 22:02 |
| 16    | 16  | Waßmann, Marco         | 74 | HK Triathlonteam Wiesmoor | M50    | 2  | 22:04 |
| 17    | 17  | Bertram, Bastian       | 84 |                           | M40    | 1  | 22:17 |
| 18    | 18  | Gardeler, Pascal       | 95 |                           | MHK    | 5  | 22:21 |
| 19    | 1   | Hanke, Meret           | 08 | 1. TCO Die Bären?         | WJ     | 1  | 22:25 |
| 20    | 19  | Rieken, Heiko          | 81 | Majorel Laufteam          | M40    | 2  | 22:33 |
| 21    | 2   | Detmers, Clara         | 11 | 1. TCO                    | WKU14  | 1  | 22:36 |
| 22    | 20  | Ferken, Frank          | 81 | Lauftreff Rastede         | M40    | 3  | 22:51 |
| 23    | 21  | Feye, Jens             | 77 | Wildeshausen              | M45    | 2  | 22:53 |
| 24    | 3   | Sitzmann, Malin        | 03 | 1. TCO Die Bären          | WHK    | 1  | 22:59 |
| 25    | 4   | Buß, Wiebke            | 95 |                           | WHK    | 2  | 22:59 |
| 26    | 22  | Urban, Karsten         | 69 | LG Fliegerhorst Upjever   | M55    | 3  | 23:02 |
| 27    | 23  | Sauer, Meikel          | 90 |                           | M30    | 1  | 23:12 |
| 28    | 24  | di Crosta, Matteo      | 09 |                           | MKU16  | 2  | 23:12 |
| 29    | 25  | de Armas Klein, Marcus | 71 |                           | M50    | 3  | 23:14 |
| 30    | 26  | Welling, Torsten       | 64 | Lauftreff Ge(h)zeiten Jev | M60    | 1  | 23:18 |
| 31    | 27  | Murdfeld, Christian    | 76 | 1.TCO die Bären           | M45    | 3  | 23:19 |
| 32    | 5   | Runde, Friederike      | 08 | 1.TCO die Bären Oldenbur  | WJ     | 2  | 23:21 |
| 33    | 6   | Rehberg, Jennifer      | 94 | LG Harlingerland          | W30    | 1  | 23:33 |
| 34    | 28  | Arzdorf, Felix         | 12 | KGS Wiesmoor Ossilopers   | MKU14  | 1  | 23:45 |
| 35    | 7   | Fuchs, Chantal         | 89 | Fuchsis                   | W35    | 1  | 23:45 |
| 36    | 29  | Borchers, Michael      | 86 | Fuchsis                   | M35    | 4  | 23:45 |
| 37    | 30  | Bohlen, Jens           | 86 | Wolfsrudel                | M35    | 5  | 23:51 |
| 38    | 31  | Hecken, Maurice        | 98 | Majorel Laufteam          | MHK    | 6  | 24:33 |
| 39    | 32  | Hillebrandt, Mark      | 13 | Team Mint                 | MKU12  | 2  | 24:34 |
| 40    | 33  | Hillebrandt, Patrick   | 82 | Team Mint                 | M40    | 4  | 24:35 |
| 41    | 34  | Gröger, Hauke          | 82 | BV Bockhorn               | M40    | 5  | 24:38 |
| 42    | 8   | Ferken, Kim Katja      | 86 | Lauftreff Rastede         | W35    | 2  | 24:59 |
| 43    | 35  | Müller, Hartmut        | 63 | TV Neustadt               | M60    | 2  | 25:13 |
| 44    | 36  | Tetz, Johann           | 14 | TuS Zetel                 | MKU12  | 3  | 25:16 |
| 45    | 37  | Koch, Lukas            | 00 |                           | MHK    | 7  | 25:16 |
| 46    | 9   | Geis, Marinka          | 83 |                           | W40    | 1  | 25:16 |
| 47    | 38  | Bakenhus, Dirk         | 79 | Oldenburg                 | M45    | 4  | 25:18 |
| 48    | 39  | Lerch, Thure           | 12 | Heidmühler FC             | MKU14  | 2  | 25:26 |
| 49    | 10  | Bohlmann, Sontje       | 11 | SV Brake                  | WKU14  | 2  | 25:29 |
| 50    | 40  | Hudaff, Nils           | 08 | Heidmühler FC             | MJ     | 3  | 25:34 |
| 51    | 11  | Klein, Kristina        | 88 | Majorel Laufteam          | W35    | 3  | 25:44 |
| 52    | 41  | Diestelmann, Jerome    | 09 |                           | MKU16  | 3  | 25:49 |
| 53    | 42  | Grasse, Holger         | 65 | TuS Zetel                 | M55    | 4  | 25:55 |

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| Platz | M/W | Name, Vormame         | JG | Verein                    | Klasse | KP | Zeit  |
|-------|-----|-----------------------|----|---------------------------|--------|----|-------|
| 54    | 12  | Schöndube, Jeannette  | 70 | TSR Olympia Wilhelmshaven | W50    | 1  | 25:58 |
| 55    | 13  | Scherzer, Clarissa    | 71 | LT TuRa 07 Westrhauderfeh | W50    | 2  | 25:59 |
| 56    | 43  | Thater, Ralf          | 60 | LSF Oldenburg             | M60    | 3  | 26:12 |
| 57    | 14  | Reil, Clycia          | 89 |                           | W35    | 4  | 26:14 |
| 58    | 44  | Oltmanns, Arno        | 72 |                           | M50    | 4  | 26:15 |
| 59    | 45  | Gröger, Theo          | 14 | BV Bockhorn               | MKU12  | 4  | 26:20 |
| 60    | 15  | Beckmann, Stefanie    | 84 | BE MOVED                  | W40    | 2  | 26:20 |
| 61    | 16  | Hudaff, Rieke         | 11 | Heidmühler FC             | WKU14  | 3  | 26:32 |
| 62    | 46  | Lockowandt, Heiko     | 66 | TSR Olympia Wilhelmshaven | M55    | 5  | 26:35 |
| 63    | 17  | Miener, Julia         | 83 | LG Fliegerhorst Upjever   | W40    | 3  | 26:42 |
| 64    | 47  | Brings, Marcel        | 88 | Oldenburg                 | M35    | 6  | 26:56 |
| 65    | 48  | Büsing, Dirk          | 62 | SV Brake Lauffeuer        | M60    | 4  | 27:06 |
| 66    | 49  | Geertsma, Egbert      | 61 | SV Friesland              | M60    | 5  | 27:08 |
| 67    | 50  | Kube, Bernhard        | 64 | Oldenburg                 | M60    | 6  | 27:16 |
| 68    | 51  | Wiersema, Lucas       | 11 | KGS Wiesmoor Ossilopers   | MKU14  | 3  | 27:26 |
| 69    | 52  | Hellmers, Dirk        | 80 |                           | M40    | 6  | 27:34 |
| 70    | 18  | Harms, Ronja Daike    | 10 | Heidmühler FC             | WKU16  | 1  | 27:42 |
| 71    | 19  | Diekmann, Neele-Dette | 10 | Heidmühler FC             | WKU16  | 2  | 28:00 |
| 72    | 20  | Winter, Chiara        | 98 | KiMiKaJu                  | WHK    | 3  | 28:01 |
| 73    | 21  | Niehuß, Alena         | 13 | TSR Olympia Wilhelmshaven | WKU12  | 1  | 28:13 |
| 74    | 22  | Gerdes, Lena          | 98 | FröFriWaläus              | WHK    | 4  | 28:15 |
| 75    | 23  | Latour, Maelle-Tamea  | 13 | TSR Olympia Wilhelmshaven | WKU12  | 2  | 28:17 |
| 76    | 24  | Arping, Maila Sophie  | 11 | SV Brake                  | WKU14  | 4  | 28:20 |
| 77    | 53  | Best, Christian       | 83 |                           | M40    | 7  | 28:31 |
| 78    | 54  | Ehmcke, Jürgen        | 68 | Strong Family             | M55    | 6  | 28:34 |
| 79    | 25  | Bohlen, Vanessa       | 90 | Strong Family             | W30    | 2  | 28:34 |
| 80    | 55  | Tospann, Manuel       | 89 |                           | M35    | 7  | 28:34 |
| 81    | 26  | Latour, Cathy         | 86 |                           | W35    | 5  | 28:34 |
| 82    | 56  | Skowronski, Andre     | 71 | Christus König KIGA       | M50    | 5  | 28:36 |
| 83    | 57  | Gerdes, Ralf          | 60 | Team Laufrausch           | M60    | 7  | 28:42 |
| 84    | 58  | Christians, Sven      | 82 | Zetel                     | M40    | 8  | 28:42 |
| 85    | 59  | Bergmann, Jonte       | 16 | GS Sengwarden             | MKU10  | 1  | 28:43 |
| 86    | 60  | Tetz, Florian         | 77 |                           | M45    | 5  | 28:51 |
| 87    | 61  | Niehuß, Lars          | 80 |                           | M40    | 9  | 28:52 |
| 88    | 62  | Hoffmann, Frank       | 64 | SV Ofenerdiek             | M60    | 8  | 28:52 |
| 89    | 63  | Pack, Jelto           | 98 |                           | MHK    | 8  | 29:10 |
| 90    | 64  | Hillebrandt, Jann     | 15 | Team Mint                 | MKU10  | 2  | 29:16 |
| 91    | 27  | Albers, Katharina     | 95 | Redfit Remels             | WHK    | 5  | 29:18 |
| 92    | 28  | Coordes, Silvia       | 73 | Eigenläuferin             | W50    | 3  | 29:21 |
| 93    | 29  | Kirsten, Petra        | 64 | Kilometerhelden           | W60    | 1  | 29:29 |
| 94    | 30  | Otte, Melanie         | 72 | TSR Olympia Wilhelmshaven | W50    | 4  | 29:35 |
| 95    | 65  | Meinen, Wilfried      | 53 | TuS Obenstrohe            | M70    | 1  | 29:51 |
| 96    | 66  | Felsmann, Bastian     | 82 |                           | M40    | 10 | 29:51 |
| 97    | 67  | Kathmann, Heinz       | 50 |                           | M70    | 2  | 29:55 |
| 98    | 31  | Fuchs, Emily          | 13 | Fuchsis                   | WKU12  | 3  | 30:22 |
| 99    | 68  | Springer, Jonte       | 14 | HFC E2-Jugend             | MKU12  | 5  | 30:27 |
| 100   | 69  | Litwin, Louis         | 13 | HFC E2-Jugend             | MKU12  | 6  | 30:30 |
| 101   | 70  | Niestrat, Lukas       | 96 |                           | MHK    | 9  | 30:35 |
| 102   | 71  | Schönbohm, Thies      | 13 | HFC E2-Jugend             | MKU12  | 7  | 30:37 |
| 103   | 72  | Bohlmann, Eike        | 72 | SV Brake                  | M50    | 6  | 30:39 |
| 104   | 32  | Pöhls, Paula          | 00 | Jade HS - Wirtschaft ...  | WHK    | 6  | 30:46 |
| 105   | 33  | Hillebrandt, Julia    | 82 | Team Mint                 | W40    | 4  | 30:51 |
| 106   | 34  | Tellmann, Skrollan    | 06 |                           | WJ     | 3  | 30:58 |

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| Platz | M/W | Name, Vormame        | JG | Verein                    | Klasse | KP | Zeit  |
|-------|-----|----------------------|----|---------------------------|--------|----|-------|
| 107   | 73  | Struß, Arne          | 71 | Voß und Partner           | M50    | 7  | 31:01 |
| 108   | 35  | Hadeler, Martina     | 72 |                           | W50    | 5  | 31:03 |
| 109   | 74  | Jochens, Mathias     | 84 |                           | M40    | 11 | 31:06 |
| 110   | 36  | Toelstede, Merle     | 00 |                           | WHK    | 7  | 31:09 |
| 111   | 37  | Weyerts, Yvonne      | 88 |                           | W35    | 6  | 31:13 |
| 112   | 38  | Wiersema, Kristin    | 10 | KGS Wiesmoor Ossilopers   | WKU16  | 3  | 31:13 |
| 113   | 75  | Nolte, Michael       | 66 | LT Petersfehn             | M55    | 7  | 31:20 |
| 114   | 76  | Tolksdorf, Anton     | 15 | LT Petersfehn             | MKU10  | 3  | 31:20 |
| 115   | 39  | Wilson, Marie-Louise | 01 |                           | WHK    | 8  | 31:23 |
| 116   | 77  | Güttel, Olaf         | 70 | Liberis Draconis          | M50    | 8  | 31:29 |
| 117   | 40  | Krey, Marion         | 78 | Charity Power Ostfrieslan | W45    | 1  | 31:35 |
| 118   | 41  | Becker, Alste        | 00 |                           | WHK    | 9  | 31:44 |
| 119   | 42  | Eilts, Friederike    | 97 |                           | WHK    | 10 | 31:44 |
| 120   | 43  | Raeder, Anja         | 79 |                           | W45    | 2  | 31:44 |
| 121   | 78  | Sievers, Werner      | 49 | Oldenburg                 | M75    | 1  | 31:45 |
| 122   | 79  | Bergmann, Tim        | 89 |                           | M35    | 8  | 31:57 |
| 123   | 44  | Thiesing, Denise     | 92 |                           | W30    | 3  | 32:16 |
| 124   | 45  | Meinen, Jutta        | 65 | TuS Obenstrohe            | W55    | 1  | 32:24 |
| 125   | 46  | Bülthuis, Christel   | 60 | TUS Sande                 | W60    | 2  | 32:36 |
| 126   | 80  | Hoffrogge, Dieter    | 54 | BSG Volksbank Jever       | M70    | 3  | 32:59 |
| 127   | 47  | Seeger, Melanie      | 79 |                           | W45    | 3  | 33:05 |
| 128   | 81  | Oetken, Johannes     | 50 | TuS Zetel                 | M70    | 4  | 33:07 |
| 129   | 48  | Broock, Angelika     | 60 | Hobbyläuferin             | W60    | 3  | 33:17 |
| 130   | 82  | Diestelmann, Jens    | 81 |                           | M40    | 12 | 33:19 |
| 131   | 49  | Schönbohm, Feemke    | 09 | Heidmühler FC             | WKU16  | 4  | 33:28 |
| 132   | 50  | Springer, Zoe        | 09 | Heidmühler FC             | WKU16  | 5  | 33:33 |
| 133   | 51  | Schönwandt, Traute   | 67 | Bad Zwischenahn           | W55    | 2  | 33:38 |
| 134   | 83  | Schönwandt, Michael  | 68 | Bad Zwischenahn           | M55    | 8  | 33:39 |
| 135   | 84  | Hofer, Michael       | 68 | KGS Wiesmoor Ossilopers   | M55    | 9  | 33:45 |
| 136   | 85  | Hesse, Thomas        | 69 | Gestiefelte Muskelkater   | M55    | 10 | 33:49 |
| 137   | 86  | Folkers, Daniel      | 94 | BSG Volksbank Jever       | M30    | 2  | 33:49 |
| 138   | 52  | Wolf, Marje          | 89 | Raiffeisen-Volksbank eG   | W35    | 7  | 33:49 |
| 139   | 53  | Seyen, Freya         | 89 |                           | W35    | 8  | 34:13 |
| 140   | 54  | Mühlenbäumer, Aniele | 90 |                           | W30    | 4  | 34:14 |
| 141   | 55  | Arping, Vera         | 75 |                           | W45    | 4  | 34:24 |
| 142   | 56  | Steffen, Ilka        | 75 |                           | W45    | 5  | 34:54 |
| 143   | 87  | Lehnecke, Jochen     | 44 | Heidmühler FC             | M80    | 1  | 35:19 |
| 144   | 57  | Büsing, Doris        | 62 | SV Brake Lauffeuer        | W60    | 4  | 35:20 |
| 145   | 88  | Arping, Ronald       | 71 |                           | M50    | 9  | 35:33 |
| 146   | 58  | Potthoff, Susanne    | 74 |                           | W50    | 6  | 35:50 |
| 147   | 59  | Ulm, Marie-Christine | 79 |                           | W45    | 6  | 36:09 |
| 148   | 60  | Jahnel, Andrea       | 65 | Varel                     | W55    | 3  | 36:12 |
| 149   | 61  | Schubert, Tanja      | 76 |                           | W45    | 7  | 37:06 |
| 150   | 62  | Dr. Siefken, Carmen  | 75 | Lauf gehts                | W45    | 8  | 37:08 |
| 151   | 63  | Dierks, Ulla         | 64 |                           | W60    | 5  | 37:15 |
| 152   | 64  | Schuster, Sylke      | 67 | TUS Obenstrohe            | W55    | 4  | 37:33 |
| 153   | 65  | Peters, Birgit       | 72 |                           | W50    | 7  | 37:33 |
| 154   | 66  | Smith, Dorothea      | 14 |                           | WKU12  | 4  | 39:42 |
| 155   | 89  | Greb, Horst          | 38 | TSR Olympia Wilhelmshaven | M85    | 1  | 40:26 |
| 156   | 67  | Schön, Christina     | 68 | Kneipp Verein Syke        | W55    | 5  | 40:27 |